

Beach & Recreation

Summer 2024

Welcome to our 2024 season! Please note:

- Join our popular YOGA class every Saturday morning at 9 a.m. on the Beach or in Social Hall if it's raining. Classes run from Memorial Day to Labor Day. Cheryl is our instructor, and the classes are open to all levels.
- Watch the PFLA calendar, online here, for popular events such as the annual PFLA Olympics on July 6th, on the Beach. The games are open to all ages. Don't miss the fun and friendly competition!
- Arts & Crafts will be held at Social Hall at 10a on a tbd date.
- There will be a wiffle ball game held on the big field – more details to come!
- Nature-themed scavenger hunt - Saturday, August 10th (time to be determined) followed by creation of an arrangement to decorate the altar for the beach pavilion the next day (Sunday, August 11)
- The Whiskey Logic band, will be back performing on August 17th at the Beach pavilion. Check the calendar for more details.

Rules and Reminders

Lake and Beach

General Beach Information

- The Beach is open to all members in good standing and their guests.
- **Glass is not allowed anywhere on PFLA common grounds, including on the Beach, in the Lake, or in the Beach Pavilion.**
- Everyone on or in the water must leave the water at the first sign of thunder and/or lightning. It is recommended to wait 30 minutes after the last sound of thunder before returning to the water.
- Running, throwing rocks or sand, and littering on the Beach are prohibited.
- Children under 10 should be supervised by an adult at all times.
- PFLA provides beach chairs and other equipment; these items are stored in the shed or on designated racks.

- Return all items when you are finished with them, including paddleboards, kayaks, and paddles. Return beach toys to their designated bins.
- Personal chairs and equipment may be stored in the community area in the rear of the shed.
- If you put up a beach tent for shade, please take it down every evening and store it at home or in the shed.
- If you accidentally leave an item at the Beach, there will be a Lost & Found bin in the shed. At the end of the season, all items not claimed will be discarded.
- Pets are not permitted on the Beach or in the designated swimming area of the Lake.
- Any pets accompanying their owners to the Beach Pavilion must remain on a leash at all times and may not cross over the sand onto the Beach. Owners must pick up after their dogs immediately.
- If you have any concerns about the general Beach, swimming, or boat/paddleboard rules not being followed, please contact a member of the Beach & Rec Committee or email PFLAinfo@yahoo.com.

Swimming

- PFLA has adopted an “open swim” policy. This policy means you swim at your own risk, without lifeguards.
- It is the responsibility of members and their guests to swim in a responsible manner.
- Swimming is allowed in the shallow area between the docks and within the ropes; and from the raft to the docks between the green buoys (the V-shaped area from the raft to the two docks). **Any place outside of this zone is not a swimming area.**
- Non-swimmers and limited-ability swimmers should not swim or float beyond the ropes and dock area.
- Children under 10 must be supervised by an adult when in the water, and it is strongly encouraged that they wear US Coast Guard–approved life jackets.
- Swimmers are required to have a buddy or buddies when swimming to the raft; do not swim out to the raft alone.
- The following actions are prohibited:
 - Diving from either dock (diving from the raft is allowed)
 - Swimming alone to the raft or otherwise far from the rope/dock area (swimming laps from dock to dock is allowed)
 - Pushing another person off the docks or raft
 - Excessive roughhousing
 - Rocking the raft

Boats and Paddleboards

- Any float or watercraft that holds three or more persons will herein be referred to as a boat.
- Members and their guests are required to follow all laws set forth by the state of Pennsylvania while operating watercraft.
- Only self-powered watercraft are allowed on PFLA's Lake (no motors of any kind).
- Boats and paddleboards may not enter the swimming area.
- Children 10 years of age and younger in a boat must be accompanied by an adult.
- Children 12 years of age and younger on Pennsylvania waters must wear a US Coast Guard–approved life jacket (Type I, II, III or V) when underway in any boat 20 feet or less in length and in all canoes, kayaks, and paddleboards.
- Between November 1 and April 30, boaters are required by law to wear life jackets while on any boat less than 16 feet long or any canoe.
- It is prohibited to use any watercraft or non-watercraft device in a manner that endangers a person or property.
- PFLA provides some boats for general use. These are identified by a PFLA sticker. Return these boats to the rack with the same matching PFLA sticker, in the place where you found them.
- If you would like to store your own personal boat at the Lake (on the Pavilion side), please contact the Beach & Rec Committee Chair to make that request for the season. This request will need to be renewed annually. No locks may be used to secure a personal boat; any lock used to secure a boat to the stand will be cut. If you need to secure your boat with a lock, please store it on the opposite side of the Lake.

Beach Pavilion

- The Beach Pavilion, occasionally used for official PFLA events including worship services, is open for use by all members.
- Members are responsible for removing all debris from the Pavilion, the Beach, and the surrounding area resulting from their use.
- Any chairs must be returned to the storage shed.

Any pets accompanying their owners to an event **must remain on a leash at all times and may not cross over the sand onto the Beach**. Owners must pick up after their dogs immediately.

Current Beach & Rec Committee Members:

- Jen Monson (Chair)
- Liz Malantonio

- Mary Long
- Maria Macksoud
- Sarah Favinger

Interested in joining the committee? Email us at jmonson0826@gmail.com!

Our events can be found on the calendar [\(Click Here\)](#) – if you are interested in hosting or volunteering for an event.